



DINNER MENU

STARTERS

SOUP OF THE DAY 5

SPREADS TRIO 10
Tzatziki, Hummus, Tirokafteri.

CREAMY SPINACH DIP 10

GUACAMOLE II
Crisp corn tortillas.

FLAMED SAGANAKI CHEESE 12

GRILLED HALLOUMI CHEESE 10

CHICKEN KEBAB 10
Yogurt cucumber sauce.

MEATBALL II
Cumin scented tomato sauce.

TRU STEAK SKEWERS 12
Whisky cream sauce.

GRILLED SHRIMPS 14
Avocado, roasted beets, Goat cheese.

CRAB CAKE 12
Roasted peppers, chipotle sauce.

FRIED CALAMARI 12
Marinara sauce.

CALAMARI DIABLO 12
Lemon garlic mustard sauce.

SALMON TARTARE 14

SHRIMP COCKTAIL 14

OCTOPUS 17
Grilled mediterranean octopus.

ZUCCHINI CHIPS 10
Tzatziki sauce, marinara sauce.

ZUCCHINI CROQUETTES 10
Yogurt cucumber sauce.

GRILLED VEGETABLE STACK 10

FALAFEL 10
Chickpea and fava fritters, hummus, tabbouleh.

RAVIOLI 15
Spinach and cheese Ravioli, basil pesto sauce.

SIDES

FRESH CUT FRIES 5

MIXED VEGETABLE RICE 5

OVEN ROASTED RED BLISS POTATOES 5

SAUTÉED SPINACH 5

GRILLED ASPARAGUS 6

OVEN ROASTED VEGETABLES 7

SALADS

GREEK SALAD 10
Stuffed grape leaves, Kalamata olives, Feta cheese, romaine lettuce, cucumbers, red onions, tomatoes, bell peppers.

KALE SALAD II
Kale, Romaine lettuce, dry cranberries, candied walnuts, sliced pears, honey mustard dressing.

BUTTERNUT SQUASH SALAD 12
Baby Arugula, dried cranberries, walnuts, shaved parmesan, apple cider vinaigrette.

BABY ARUGULA AND BERRIES 12
Baby arugula, fresh strawberries and blueberries, avocado, candied walnuts, Goat cheese, light raspberry vinaigrette.

GRILLED SKIRT STEAK AND PINEAPPLE SALAD 14
Mesclun greens, avocado, grilled pineapple, Goat cheese, Skirt steak, pineapple vinaigrette.

SEAFOOD SALAD 18
Tomato, cucumber, roasted red peppers, red beets, grilled Shrimp, Calamari, Octopus, extra virgin olive oil vinaigrette.

ADD.
CHICKEN 4 / SKIRT STEAK 6
SALMON 6 / SHRIMP 6 / OCTOPUS 8

ENTRÉES

Served with choice of two sides.

BRONZINO 27

SALMON FILET 21

SWORDFISH FILET 22

SEAFOOD GRILL 29
Octopus, Shrimps, Calamari, Salmon.

TRU MIXED GRILL 27
Lamb Chop, Pork Chop, Chicken Kebab, Skirt Steak, Halloumi cheese, Tzatziki sauce.

BABY LAMB CHOPS 25

RIB-EYE STEAK 25

PORK CHOPS 19

CHICKEN KEBAB 16

CHICKEN CANNELLONI 17
Crepes filled with chicken, mushrooms, taragon sauce.

CHICKEN ALFREDO 15
Creamy Alfredo sauce, grilled chicken.

SEAFOOD PASTA 17
Salmon, Calamari, Shrimp, ouzo infused tomato sauce.

SPINACH CANNELLONI 17
Crepes filled with creamy spinach.

FALAFEL 15

TRU PIZZA 15
Mozzarella cheese, bacon, ham, bell peppers, onions, mushrooms.

Tru

ASTORIA

**DINNER
MENU**